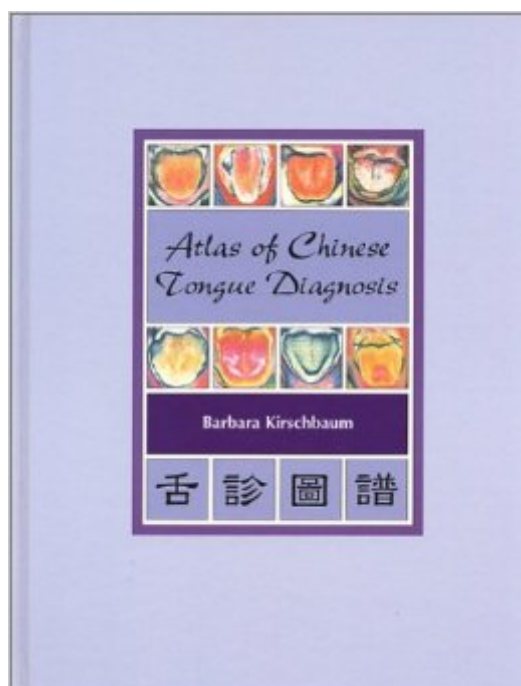


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# Atlas Of Chinese Tongue Diagnosis, Vol. 1



## Synopsis

Tongue diagnosis is a vital instrument used in Chinese medicine both for assessing the current health of a patient and providing a basis for prognosis. It also informs the practitioner about the underlying strength or weakness of the patient's constitution. This atlas contains over 320 color photographs of tongues seen in a Western clinic. The photographs provide a graphic representation of a wide variety of common disorders. Each photograph is accompanied by a description of the significant features of the tongue, the corresponding Chinese diagnosis for each such feature, accompanying symptoms, Western diagnosis, and pertinent background information. The presentation of the tongues is organized according to the nature of the underlying disharmony: Lung, Spleen-Stomach, Kidney, Heart, Liver. Other chapters focus on particular aspects of the tongue, such as pale tongues, cracked tongues, special coating, as well as those associated with heat disorders and blood stasis. The text is interspersed with many full case histories that describe aspects that are not visible on the tongue alone. A final chapter surveys several cases which reflect how the tongue changed over the course of treatment, with before and after photographs. This systematic presentation provides the student and practitioner of Chinese medicine with a much deeper appreciation for the methodology of tongue diagnosis in Chinese medicine. An extensive and detailed index provides access to virtually every aspect of the hundreds of tongues presented in this atlas, and their interrelationships.

## Book Information

Hardcover: 260 pages

Publisher: Eastland Press; 1 edition (January 1, 2000)

Language: English

ISBN-10: 0939616335

ISBN-13: 978-0939616336

Product Dimensions: 0.8 x 8.8 x 11.2 inches

Shipping Weight: 3 pounds

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (7 customer reviews)

Best Sellers Rank: #1,037,039 in Books (See Top 100 in Books) #62 in [Books > Health, Fitness & Dieting > Alternative Medicine > Reference](#) #333 in [Books > Health, Fitness & Dieting > Alternative Medicine > Chinese Medicine](#) #551 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Diagnosis](#)

## Customer Reviews

This is an excellent book for anyone interested in Chinese tongue diagnosis. The book is divided into sections according to pattern (Kidney disharmonies, Stomach and Spleen disharmonies, etc). Each section contains approximately 30 full-color, well-photographed tongues representing the pattern. This makes it easy to see the range of tongue signs for each pattern. Also, the description of the tongue, the patient's symptoms, Western diagnosis and Chinese diagnosis are printed next to the photo of the tongue for easy reference. (You don't have to flip back and forth between the text pages and the color plates, as in Maciocia's *Tongue Diagnosis in Chinese Medicine*.) This book isn't cheap, but the quality of the photographs and the clear description of the tongues makes it a very worthwhile investment.

As a medical professional, I have an interest in what works to bring health to the system. At times, alternative medicines when appropriately applied, in the hands of the right people, ones trained in health care and disease, can offer stimulating results. But the question of how to obtain reliable material to diagnose and treat a disease remains a current issue. This book helps bridge the gap between Chinese diagnostics and the Western approach to disease. *Atlas of Chinese Tongue Diagnosis* provides visual illustrations of various ailments, mapped outwardly on the tongue, and includes written descriptions and symptoms. When applicable, it correlates the topography of the tongue to Western disease. However, the book is not all inclusive. It lacks treatment. I would suggest a companion, *Radiant Health* by Ron Teegarden. Teegarden's work covers portions of the ancient Chinese art of health and offers a treatment program designed to correct deficiencies and disturbances in Qi. The two together provide a reliable source for a medical professional to understand and apply the basics in Chinese medicine. I highly rate this book when accompanied with Teegarden's.

Absolutely fabulous! The best glossy photos of diagnostic tongues I've seen! Excellent case studies, too. Bravo! This book will be a treasure in my professional library.

The best book about tongue diagnosis. Many examples with diagnosis of western and Chinese medicine. The only missing item - lack in theoretical description.

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